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FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

| STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP | |
|--|---|
| Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 | L |

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

| obligations ma Instruction 1(b) | y continue. <i>See</i>). | | Filed pursuar | nt to Section 16(a) o | of the Securitie | es Exchange Act of 1934 | | h | ours per response: | 0.5 |
|------------------------------------|------------------------------|------------------|--|---|---|--|-------------------|--|---|---|
| | | | | ction 30(h) of the Inv | | | | | | |
| | ress of Reporting Pers | son [*] | | r Name and Ticker HOLDING, | | | 5. Rela (Check | suer | | |
| SUBIN NE | <u>IL 5</u> | | | , | |] | X | Director | 10% | Owner |
| (1 a a t) | | (Mindala) | | | | | - | Officer (give ti below) | itle Othe belov | r (specify |
| (Last) C/O PTGI HO | (First) ILDING, INC. | (Middle) | 3. Date 12/26/2 | of Earliest Transact 2013 | tion (Month/Da | ay/Year) | | below) | 500 | , |
| 460 HERNDC | N PARKWAY, SU | ITE 150 | | | | | | | | |
| (Street) | | | 4. If Ame | endment, Date of O | Priginal Filed (I | Month/Day/Year) | 6. Indiv | | oup Filing (Check A One Reporting Pers | |
| HERNDON | VA | 20170 | | | | | | , | More than One Rep | |
| (City) | (State) | (Zip) | | | | | | | | |
| | | Table I - No | n-Derivative S | ecurities Acq | uired, Disp | oosed of, or Benefic | ially O | wned | | |
| 1. Title of Securi | ty (Instr. 3) | | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 | | 5. Amount of Securities Beneficially Ow Following Reported | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |

| | | (Month/Day/Year) | 8) | | Amount (A) or (D) Price 2,500 ⁽¹⁾ D \$0 | | | Following | (I) (Instr. 4) | Ownership |
|--------------|------------|------------------|------|---|---|---------------|-------------------|--|----------------|------------|
| | | | Code | v | Amount | (A) or (D) | Price | Reported Transaction(s) (Instr. 3 and 4) | | (Instr. 4) |
| Common Stock | 12/26/2013 | | D | | 2,500(1) | D | \$ <mark>0</mark> | 114,500 | D | |
| Common Stock | 12/26/2013 | | A | | 2,500 ⁽¹⁾ | A | \$ <mark>0</mark> | 117,000 | D | |
| Common Stock | 12/26/2013 | | D | | 10,667(2) | D | \$ <mark>0</mark> | 106,333 | D | |
| Common Stock | 12/26/2013 | | A | | 10,667(2) | Α | \$ <mark>0</mark> | 117,000 | D | |
| Common Stock | 12/26/2013 | | D | | 5,000 ⁽³⁾ | D | \$ <mark>0</mark> | 112,000 | D | |
| Common Stock | 12/26/2013 | | A | | 5,000 ⁽³⁾ | A | \$ <mark>0</mark> | 117,000 | D | |

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

| | (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | |
|---|---|--|---|------------------------------|---|---|-----------------------|--|--------------------|---|--|---|--|--|--|
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transa Code (8) | | 5. Number Derivative Securities (A) or Disp (D) (Instr. | Acquired | 6. Date Exerc Expiration Da (Month/Day/) | ate | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |
| | Security | | | Code | v | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | Reported Transaction(s) (Instr. 4) | () (5414) | |
| Stock Option (right to buy) | \$3.88 | 12/26/2013 | | D | | | 14,622 ⁽⁴⁾ | 12/31/2013 | 06/12/2022 | Common Stock | 14,622 | (6) | 0 | D | |
| Stock Option (right to buy) | \$3.88 | 12/26/2013 | | A | | 14,622 ⁽⁴⁾ | | 12/31/2013 | 06/12/2022 | Common Stock | 14,622 | (6) | 14,622 | D | |
| Stock Option (right to buy) | \$3.72 | 12/26/2013 | | D | | | 21,309 ⁽⁵⁾ | 12/31/2013 | 06/12/2023 | Common Stock | 21,309 | (6) | 0 | D | |
| Stock Option (right to buy) | \$3.72 | 12/26/2013 | | A | | 21,309 ⁽⁵⁾ | | 12/31/2013 | 06/12/2023 | Common Stock | 21,309 | (6) | 21,309 | D | |

Explanation of Responses:

1. Amendment of outstanding RSU resulting in deemed cancellation of RSU and grant of replacement RSU. On June 12, 2012, the Compensation Committee granted a time-based award of which one-half, or 2,500 shares, vested on June 12, 2013. The Compensation Committee accelerated the vesting of the final one-half, or 2,500 shares, from June 12, 2014 to December 31, 2013.

2. Amendment of outstanding RSU resulting in deemed cancellation of RSU and grant of replacement RSU. On August 1, 2012, the Compensation Committee granted a time-based award of which one-third, or 10,667 shares, vested on December 31, 2012 and one-third, or 10,666 shares, shall vest on December 31, 2013. The Compensation Committee accelerated the vesting of the final one-third, or 10,667 shares, from December 31, 2014 to December 31, 2013.

3. Amendment of outstanding RSU resulting in deemed cancellation of RSU and grant of replacement RSU. On June 12, 2013, the Compensation Committee granted a time-based award of which no shares have vested. The Compensation Committee accelerated the vesting of one-half, or 2,500 shares, from June 12, 2014 to December 31, 2013 and one-half, or 2,500 shares, from June 12, 2014.

4. Amendment of outstanding option resulting in deemed cancellation of option and grant of replacement option. On June 12, 2012, Mr. Subin received an Annual Grant of Director Stock Options that provided for vesting in three equal annual installments beginning on June 12, 2012. As a result of cash dividends declared since the original issuance, Mr. Subin is now entitled to exercise 43,866 options at an exercise price of \$3.88. The Compensation Committee accelerated the vesting of the final one-third, or 14,622 options, from June 12, 2014 to December 31, 2013.

5. Amendment of outstanding option resulting in deemed cancellation of option and grant of replacement option. On June 13, 2013, Mr. Subin received an Annual Grant of Director Stock Options that provided for vesting in three equal annual installments beginning on June 12, 2013. As a result of cash dividends declared since the original issuance, Mr. Subin is now entitled to exercise 31,963 options at an exercise price of \$3.72. The Compensation Committee accelerated the vesting of the second-third, or 10,654 options, from June 12, 2014 to December 31, 2013 and the final one-third, or 10,655 options, from June 12, 2015 to December 31, 2013.

6. Director stock option grant.

Andrea L. Mancuso, Attorneyin-Fact

12/26/2013

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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